

## Grand Opening Buckland Road Community Dental Clinic

The Counties Manukau District Health Board was proud to formally open the new Buckland Road Community Dental Clinic on Wednesday 12 November 2008.

Television celebrity Wendy Petrie hosted the event with guest speakers Hon Steve Chadwick (this was the Minister's last engagement as Associate Minister of Health for the Labour Party), 'His Worship the Mayor' Len Brown, who along with his wife Shan has shown an ongoing commitment in supporting the health and well being of children in the community and Jock Irvine - Chairman SKYCITY Auckland Community Trust. The Trust has been a key supporter of CMDHB's oral health campaign and has given a total of \$300,000 towards equipping the Dental Clinic and Geraint Martin CEO CMDHB, who announced that the new Clinic will be the first of a series of community based oral health hubs for Counties Manukau. This will enable children aged 0 to 17 years to access oral health services from a hub clinic, rather than the current separate dental services for preschool, primary and secondary schools.

Among those acknowledged were the South Auckland Health Foundation, major sponsor SKYCITY Auckland Community Trust, the many providers that will be using the facility (Auckland Regional Dental Service, Auckland District Health Board and Auckland



***His Worship the Mayor Len Brown, Hon Steve Chadwick and children from the Autagavaia family cut the ribbon.***

University of Technology), Hawkins Construction, RCP Project Managers Tami McKay and Martin Cooper, Sam Cliffe and Ross Smith (CMDHB).

Special recognition was given to Sue Dashfield, who left the CMDHB several months ago for a position with the Ministry of Health. Sue wasn't able to attend the opening but was involved with the project throughout its design and development.

Acknowledgement must also go to the many Consultants involved with the Project which include: Klein, Harrison Grierson, Pacific Consultants, Rider Levett Bucknall, Holmes Consulting Group and Peers Brown Miller Ltd.

Cutting the ribbon for the new Dental Clinic was the Hon Steve Chadwick, 'His Worship the Mayor' Len Brown along with 7 members of the Autagavaia

## Grand Opening (continued)

family (previous users of the old Buckland Road Clinic).

Unveiling the SKYCITY Auckland Community Trust sponsorship sign was Jock Irvine and Geraint Martin. Many thanks to Kapa Haka Group Te Kura Maori o Nga Tapuwae for their wonderful performance.



*The Autagavaia family pose for the camera*



*Te Kura Maori o Nga Tapuwae*



*Jock Irvine and Geraint Martin unveil the SKYCITY Auckland Community Trust sponsorship sign.*

## New beginnings for the Buckland Road Dental Clinic

On Friday 7 November a large crowd gathered for the Blessing of the new Buckland Road Dental Community Clinic. These included members of the local community, CMDHB, Manukau City Council Community Board, Hawkins Construction, RCP and staff working within the new facility.

It was a moving ceremony led by Mana Whenua, Kaumatua and CMDHB Chaplains. Donna Richards and Dolly Paul from the Mana Whenua welcomed the guests onto the complex by performing a karanga (Maaori welcome). As per Tainui protocol the women were asked to enter the building first followed by the men.

Special guest Mrs Sophie Muru from Te Puea Marae Mangere was given the honour of being the first person to enter the building. Sophie Muru is the Maaori King's representative for the local area and is part of the Royal House Hold of the Kingitanga.



*As per Tainui protocol the women enter the building first.*

After all of the rooms were blessed people gathered for a final prayer. This was also an opportunity for guests to say a few words - acknowledging the people involved with the Project and recognising the benefits the new clinic will bring to the local community.

Kaumatua Matua Te Hira also paid his respects to Kaumatua Whitiora Cooper whose wife had recently passed away.

## Demolition works begin for new High Dependency Unit

Demolition works have commenced on C-Pod, Level 1, Kidz First. This will prepare the area for construction of a new High Dependency Unit (HDU).

Initially 6 adult HDU beds will be set up in Kidz First C-pod, increasing to 10 beds over 12 months. Its day to day operation will be managed by the Department of Intensive Care Medicine team. Four HDU beds will also be equipped within the current ICU (2 x adult and 2x paediatric). In the long term i.e. from 2012 an 18-20 bed HDU will be located within the proposed new Clinical Services Block (business case lodged for Ministry of Health approval).



*Demolition of C-Pod has begun*

The expansion of Hospital services and the increasing number of patients coming through the doors is putting increased demand on our acute beds. A new HDU would help relieve some of this pressure.

## New invention for Engineering Department

What do you do if you can't find a company to supply you with paediatric beds that can be safely used for babies from 8-10 months and for children up to 10 years? This was the problem facing the Intensive Care Department.

"We couldn't find these beds anywhere," says Clinical Director of Acute Care Catherine Simpson. "The beds that did come close were too expensive and didn't meet all of our requirements.

"After 8-10 months most babies are too big for the heat table and too small for an adult bed. We desperately needed something in between, until these children could be nursed in an adult bed (i.e. from 10 years old, depending on the size of the child). After a lot of frustration we approached Engineering for help and were delighted with the solution Shane and Mike (contract engineers) came up with.

Shane and Mike's idea was to cut an adult



*Shane (left) and Mike with their new invention - the 3/4 bed.*

bed to  $\frac{3}{4}$  size and modify it for ICU's requirements. This included installing side barriers so little arms and legs can't get caught, a custom made headboard, smaller wheels and a custom made mattress. "We already have two of these beds in use within ICU and are considering ordering another two for the Department," says Catherine.

# Update Edmund Hillary Block



Did you know there is enough concrete in the Edmund Hillary Block to fill two Olympic sized swimming pools (4,600 cubic meters).

Likewise, the data end electrical cables required for just two and a half floors could do 1,940 laps of an Olympic sized pool (97km).

The Edmund Hillary Block continues to make good progress. To date:

- The exterior structure is now in place from the Basement to Level 5, along with the plant room at Level 6.
- Precast panels to the exterior are in place for Levels 1, 2, 3 and have started for Levels 4 and 5.
- Structural steel to the roof on Levels 5 and 6 is complete.
- The installation of services in the ceiling from the basement to level 4 is underway. This will include sprinklers, plumbing and drainage, hydraulics, electrical and data cable trays, mechanical ducting and pipe work.
- Fit-out framing is underway from the basement to Level 4 and window frames are being installed for Levels 1-4.
- The lining of the walls will soon commence on Level 3.



*Fit-out framing is underway on Level 3.*



*The lining of the walls will soon commence on Level 3*

## Tui Ward takes shape - Tiaho Mai

Progress continues on the new and improved Tui Ward as the exterior of the building nears completion.

In the next few weeks you'll see the walls going up for the new ensuites and the expanded general ward block, which includes an extra 3 single bedrooms, 3 ensuites and an LSE (Low Stimulus Environment).

A new addition this month is installation of the roof covering the expanded ward block and the 3-bedded Intensive Care Area (ICA).

If you look close enough you'll notice two new skylights in the ICA ceiling. This will attract natural light into the area.

"All of these improvements are designed to enhance patient care and recovery says Mental Health Service Manager, Deborah Barrow."

"For example studies have shown that the use of natural light can enhance mental and physical well-being, boost confidence and energy levels."

A secure courtyard attached to the ICA is also under construction. This will allow patients to enjoy some time out, fresh air and sunshine.

"We will also be consulting with staff and service users about future landscaping and improving the look and function of our outdoor areas," says Deborah.



*In the next few weeks you'll see the walls going up for the new ensuites*



*A secure courtyard will be attached to the ICA. Note the skylights in the ICA Roof.*



*A new roof covers the expanded ward block.*

## Improving client care - Tiaho Mai

Part of the building works within Tui Ward involves turning the old smoking room into two new spaces: A discharge/transition room and a multi-purpose room.

As the name suggests the discharge/transition room will be used by clients until arrangements can be made for their discharge by the crisis team. The multi-purpose room will be used for group activities and team meetings.

“The new discharge area will free up beds for new admissions and ensure that new clients get the support they need from the ward staff straight away, without having to wait for a bed to become available,” says Mental Health Service Manager, Deborah Barrow. “It’s a much better use of the space and reflects our model of care around managing our occupancy rates.”



*The old smoking room is being split into two new spaces*

The old smoking room within Tui Ward was decommissioned several years ago with patients now smoking outdoors. Tiaho Mai is currently looking into becoming completely smokefree and have set up several workshops with smoking cessation staff to look at how to support this process.

## New Staff Lounge for Tamaki Oranga

Two decommissioned seclusion rooms have been converted into a staff lounge, which is double the size of the old staff room. “The closure of these rooms was part of a change in the model of care for our patients”, says Tamaki Oranga Team Leader Paul Sheridan. “We found that secluding patients i.e. putting them in an empty room can be incredibly frightening for a person struggling to hold onto reality. It also increases the chance of someone (staff or patients getting hurt)”.

The decision to use the decommissioned space for a staff lounge was an easy one to make, due to the existing staff room being small, dark and uninviting. In comparison the new staff lounge is spacious and cosy with a well thought out colour scheme. There are comfy couches for staff to relax with a well equipped kitchen. Air conditioning has also been installed - essential for those summer months. “The staff are very happy with the new area,” says Paul. “It’s a great place to go to unwind and relax.” The old staff room has been turned into a quiet room, where patients can go for some ‘time out’.



*Paul Sheridan in the new Staff Lounge*

## New patient bedrooms for Spinal Unit

A two bedded room has been converted into two single rooms providing improved privacy for patients.

Both rooms are light and airy with fresh paint on the walls and new vinyl on the floor.

Spinal patient Tom Gallagher seems happy with the overall result.

“The room is light, spacious with ample room to manoeuvre a bed or wheelchair,” says Tom.

“The extra space also allows family members to stay the night when required.”



*Tom Gallagher in one of the new bedrooms*

Choosing the right colour scheme was an important part of the planning process. “I spend a lot of time within these four walls so the use of neutral colours was a good choice,” says Tom.

## All Blacks team leave their mark

In June 2002 the All Black First Team visited the Auckland Spinal Unit in support of raising awareness of spinal injury prevention on the sports fields, and to provide encouragement to all those undergoing rehabilitation.

To mark the occasion the All Blacks signed their names on a wall just inside the main entrance. This consisted of famous signatures such as Christian Cullen, Jonah Lomu, Andrew Mehrtens and Reuben Thorne.



*Spinal Unit Operations Manager, Marianne Cox and Mike McGuinn, Carpenter.*

To protect this valuable item and to allow construction to progress on the new bedrooms a section of wall was cut out around the signatures and removed.

Mike the carpenter then went to work building a new frame for the board, giving it a new lease of life. As for its new location - this will be decided shortly.

## Improvements ahead for Ophthalmology's Outpatient Department - Manukau SuperClinic

The new building being built behind the SuperClinic will help accommodate the growing number of patients requiring access to the Ophthalmology (eye) Outpatient Department.

Every week 270-300 patients attend the Department for assessments or treatment.

This number has steadily grown over the years and may be due to an increasing number of diabetics (12,000 in 2005 to 23,000 in 2008) requiring treatment for eye conditions such as diabetic retinopathy, glaucoma and cataracts.

"Advances in medical technology and pharmaceuticals have also resulted in a larger number of patients being treated," says Ophthalmology Consultant Anmar Abdul-Rahman.

"For example the use of a drug called Avastin has changed the management of \*wet age related macular degeneration.

Cases that were not treatable before, now receive a 4-6 weekly injection and ocular assessment."

The new Ophthalmology Outpatient Department will be larger than the current one, allowing for the merging of the paediatric ophthalmology consultation area with the rest of the consultation rooms, the provision of four vision lanes, a procedure room, a recovery room and an education area, in addition to a larger waiting area.



*The new building will help accommodate the growing number of patients accessing the Ophthalmology Outpatient Department.*

In addition there will be a separate room to house photographic devices and laser delivery systems.

"The new building will change the way we do things," says Dr Abdul-Rahman.

"For example the greater number of vision lanes will allow more patients to be assessed and the procedure room will result in more theatre time being allocated for more complex procedures."



*Construction of the new Ophthalmology Outpatient Department on the Ground Floor, Building A.*

\*Wet age related macular degeneration: Patients with this condition develop new blood vessels under the retina which can burst causing haemorrhage, swelling and scar tissue.

## New Renal Unit at MSC to OPEN February 2009

Building works are progressing. The exterior cladding is now complete, along with the internal framing. Installation of services, power cabling, data services, medical gases etc are well advanced.

A start has been made on landscaping the surrounding areas so that planting can take place.

Staff and patients are planning to move into the new Renal Unit in February 2009.

The new Renal Unit will consist of 28 dialysis stations, operating initially for 2 shifts per day, 6 days per week. This Unit will primarily cater for in-centre and assisted care dialysis patients.

The AMC Unit at Middlemore Hospital will remain the acute Dialysis Unit for CMDHB.



*The exterior of the new Renal Unit*



*Inside the new Renal Unit*

## Construction update Buildings B and C

### Building B

A new Conference Centre and Staff Café is planned for the ground floor and design work is currently underway to fit-out the space.

The first floor slab has been poured and a start made on the columns. The first floor will be home to Referrals and Appointments.

### Building C - Atrium Extension

The majority of the ground floor beams for Building C have been poured, with the balance due early-mid November 2008. Structural steel for the frame of the Atrium extension will arrive shortly.

Extra toilets will be required to support the new Conference Centre and Staff Café in Building B. These will be located in the Atrium extension.



*Buildings A, B & C*



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## Towards 20/20 Web Site

In the internet explorer address bar type:  
<http://www.cmdhb.org.nz>

Click onto Towards 20/20.

The Towards 20/20 web site has been designed to inform staff and patients about the modernisation and redevelopment projects occurring across the CMDHB sites.

You'll find background information and regular updates on the various projects, along with updated photographs of construction activities, floor plans, copies of Towards 20/20 NEWS and much more.

## Spruce-up for Galbraith Staff Entrance

The Galbraith entrance has a lot of staff, patients and visitors come through its doors.

First impressions last and we want people to feel comfortable as soon as they enter the Hospital.

That's why the Galbraith entrance and lobby is getting a 'make-over' which includes a fresh coat of paint on the walls, new vinyl on the floor and review of the current lighting.

And before you ask the coffee cart will be staying.

RCP Project Manager Umesh Daya says the work will be carried out in stages to minimise any disruption.

The end result will be a bright, airy, light and welcoming space for our visitors.

We'll keep you posted on the start date.



*The Galbraith entrance and lobby is due for a spruce-up*